## **HYGIENE POLICY**

Wingle-Tye will maintain a high level of hygiene and encourage both adults and children to achieve a good standard of cleanliness.

- Children will be encouraged to wash their hands before food and after toileting, messy activities and outdoor play.
- · Paper towels used wherever possible.
- Tissues will be provided and children encouraged to wipe their own noses
- Children will be encouraged to place their hands over their mouths when coughing.
- Children should be kept at home if they are unwell (see medication policy).
- Children will have access to plenty of fresh air during outdoor activities.
- Snacks will be prepared by adults suitably qualified.
- Children will be supervised at snack and lunch times.
- The setting operates a no smoking policy in all areas including outdoors.

We aim to encourage children to take care of their physical well being and personal hygiene and to give children an awareness of their own worth whilst encouraging respect for others and understanding their needs.